



## News Release

# Local Foods College Scheduled to begin on Tuesday, January 22, 2013, and Run through Mid-March

*By Itollefts on Wednesday, January 9, 2013*Join us for the 2013 Local Foods College. The series of 8 sessions is designed for farmers to increase the capacity of farm operations by building production, business, and marketing skills. The first session of the series will be held on the evening of Tuesday, January 22, 2013, and will continue on Tuesday evenings through mid-March. The series will be available via webinar at several locations throughout northern and central Minnesota, and may also be viewed at a home computer. Registration is FREE, \$25 for printed materials for the entire series mailed to you, and \$15 for the Beginner Growers Manual. Session topics include: "Beyond the Soil Survey Book"; "Efficient Irrigation"; "Weed Suppression and Control"; "Seeds and Seed Selection"; "Business Planning"; "Working Together for a Regional Food Hub"; "Preservation"; and "Farmers' Markets and Merchandising". Participants will learn from practitioners, educators, and those involved in the growing movement to build resilient local foods systems. Participants will choose their viewing location as well as the sessions they wish to attend. Host sites will be available in Bagley, Baudette, Bemidji, Crookston, Fergus Falls, Moorhead, Park Rapids, Staples, and Thief River Falls. The series may also be viewed at your own location. The Local Foods College is part of a movement to strengthen local and regional food systems. The 2013 Local Foods College is sponsored by the University of Minnesota Extension and the Statewide Health Improvement Program. To learn more, visit [www.localfoods.umn.edu](http://www.localfoods.umn.edu). For more detailed information and registration, visit: <http://localfoods.umn.edu/college> or call 888-241-0781.

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